



**Lyre
Notes**
Spring
2007

Announcements

In Search of New Hearing:

Exploring the Space between Inner and Outer Listening

2007 Lyre Conference ~ Tuesday, July 17-Saturday, July 21 ~ Ann Arbor

For the 25th anniversary of the Lyre Association in North America, board members have been working hard to conceive of a summer conference that would celebrate this milestone in the most appropriate way. An anniversary event encourages us to look back to understand where we are in our biography as an association, which should help us to work forward in the right way toward the future.

In recent months, members and friends of the Lyre Association have received several mailings intended to foster a **renewed sense of community among lyrists and lyre friends throughout the world**. Our special 25th anniversary edition began the process of looking back in order to sense what is being asked of those of us living now, in a world that is increasingly in need of the unique healing properties that the tone of the lyre offers to even the most casual player or listener.

It has been the experience of many of us that the single human capacity that is most under fire in our contemporary world is our ability to listen. As an inner capacity, true listening requires us to become and inwardly active. The schooling of this individual capacity offers us no less than access to our own higher guidance. Exercising this capacity through turning to the world of tone, as the lyre invites us to do, gives us the opportunity to listen beyond the personal and to meet the mystery of the “after-sounding”—that quality in the sounded tone that rays

something back to us.

Most of us share the all-too-common experience of feeling “pressed”—increasingly hemmed in from all sides as we go about our daily lives. To create a space where we can come together as a community of lyrists and seek to widen our listening space as a way to strengthen our inner core as well as our spiritual and human connections—this is the objective of our 2007 Lyre Conference, with its theme *In Search of New Hearing: Exploring the Space between Inner and Outer Listening*.

At the conference, we intend to work together experientially to explore the listening process in a variety of ways. Therefore, our gathering will focus on participatory activities, including tone study with the lyre and metal instruments, directed improvisation out of our listening work, smaller instructional groups, large ensemble playing, singing, discussion, movement work through Spatial Dynamics®—and having fun together!

As we begin a new chapter in the life of the Lyre Association of North America, one that now has a living connection to the lyre work throughout the world, we are excited to come together again as a musical community. We invite you to join us in affirming and deepening that which has drawn each of us individually to the lyre as an instrument for our time. We hope to see you there!

<p><i>For a registration form and details about the 2007 Lyre Conference, see the flyer inserted in these Lyre Notes.</i></p>	<p>Time for Lyres at the First Class Conference</p> <p>If you are attending the First Class Conference in Ann Arbor on July 8-15, please join us for some informal lyre playing during our free time. (This won't be for a performance.) All abilities are welcome! If you are interested, please contact Samantha Embrey (sembrey@verizon.net/240-353-4139). We will try to provide a lyre and music stand for those who can't bring their own—but do let Samantha know ahead of time.</p>
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Time for Lyres at the First Class Conference

Whitsun Festival

On Whitsunday, May 27, a Whitsun Festival gathering will take place in Whitsun Hall at Soltane Camphill Community near Kimber-ton, Pennsylvania. This special event will feature music for trumpets, gongs and many lyres, in addition to readings in a variety of languages. Lyrists from several different communities are coming together to create this special program, and a large group rehearsal will begin at 4 pm. Anyone interested in joining the ensemble is warmly invited to contact Kerry Lee at 610-948-5026/ musiklee@verizon.net.

Youth Lyre Workshop

Calling all young lyrists! The Lyre Association is pleased to announce that its next Youth Lyre Workshop will be held **September 14-16**. This year's workshop will take place once again in Pennsylvania at the **Kimberton Hills** Camphill Community. The workshop is open to all young lyrists from 4th grade through high school age who play diatonic or chromatic lyres. Early stages players are welcome! We will begin with a supper and large group introduction on Friday evening, followed by a variety of playing activities on Saturday, and a sharing

for families and friends on Sunday morning. Meals will be in the café on site and lodging with local families. In 2006, 3 teachers welcomed 19 young lyre students, and we spent a rich and enjoyable weekend playing lyre and other instruments together.

Please mark your calendars now! For more information, please contact Kerry Lee (musiklee@verizon.net/ 610-948-5026) or Sheila Johns (301-681-6546/sjohns123@earthlink.net).

An Invitation To Join LANA

If you are not a member, we warmly encourage you to join the Lyre Association of North America. Members not only support the work of the Lyre Association but also receive an annual subscription to *Soundings: A Lyre Review* (published twice a year) and a discount of at least 10% on our conference fees. The annual fee is \$50 for supporting members, \$35 for regular members. See the membership form on page 6.

Not sure whether you are (still) a member? Just check the address label on these Lyre Notes. If you are a current or recent member, you should see the expiration date of your membership. If you are not a member, the label should state "non-member."

LANA Music Sales Service

We are so very grateful to Jean Anderberg for handling our music sales service since we established it following Lyre 2003. She has organized, inventoried and stored a large quantity of music as well as corresponded with prospective buyers, shipped out the music, and forwarded checks to our Treasurer. Starting in mid-May, Samantha Embrey will be taking over the music sales service. See page 5 for more information.

Host a Regional Lyre Workshop!

Members of the Board of the Lyre Association are available to present weekend workshops. All that's needed is an invitation and a person or group to coordinate local arrangements, publicize the event and generate local enthusiasm! Would you like to work with a few local friends to improve your technique? Is there a specific aspect of lyre playing that you would like to explore? Or would you like to experience the deeper qualities of tone or learn more about the planetary scales or broaden your experience of improvisation? Think about it! Contact any board member to explore the possibilities.

Reports

LANA Board Retreat, November 2006

In the excitement and flurry of producing our first Lyre Notes this winter, we forgot to report on the annual retreat of the LANA board in Copake, NY, on November 9-12, 2006. Attending were Jean Anderberg, Diane Ingraham Barnes, Samantha Embrey, Sheila Johns, Catherine Read, and Channa Seidenberg. On Thursday evening, we had supper together and caught up on our personal and professional news.

Friday was devoted principally to the study of three-fold ideas, making music, and a discussion of the "deeper questions," such as the relationship of our Lyre Association to Anthroposophy, to threefold ideas, to lyre builders, and to the world lyre community. Experience has shown that such preparatory work provides inspiration and creative solutions for our practical work.

On Saturday and Sunday we focused on our business agenda. We returned to one of our enduring questions: **How we can better serve the needs of a membership that is scattered over an enormous continent?** In addition to continuing to offer regional meetings, we agreed that each of us would try to stay in touch with key people in a designated region of the continent.

Another decision was to divide our newsletter into two new publications, the Lyre Notes and Soundings, as explained in the *Winter 2007 Lyre Notes*.

We also looked at ways to develop or strengthen our connections with other groups, such as Waldorf music teachers, the Singing Association, and music therapy training courses.

Debut of the Aurora Lyre Quartet

The Aurora Lyre Quartet became an entity and made its debut at Christ Congregational Church in Silver Spring, Maryland on March 13. The four of us (as pictured, Pat O'Connor, Nancy Foster, Samantha Embrey, and Sheila Johns) had been practicing together for some time when we received a request to play for the Senior Adults at this church. Thus began the enjoyable process of finding a focus and programming the music. St. Patrick's Day and Spring emerged as themes, and everything fell into place in a satisfying way, with additional sections of music written specially for the lyre and by Bach rounding out the program.

At the church, the lyre tones resounded, and the seniors were very responsive! Following the performance, a



multitude questions came forth. No one hurried off. All were most appreciative, and they continued to talk about it for weeks afterward. The Quartet has been asked to play there again for the 2008 Lenten Concert Series.

This program was repeated on April 21 in Baltimore at the close of Kerry Lee's threshold workshop. We look forward to working up a new program for the autumn.

—Pat O'Connor

Workshop by Kerry Lee in Baltimore

On April 20 and 21, the Raphael Branch of the Anthroposophic Society in Baltimore hosted a lyre workshop by Kimberton Hills music therapist Kerry Lee. The theme was "An introduction to the lyre's harmonizing effects: working with the lyre on threshold experiences."

Nine participants from the Baltimore and Washington area as well as Pennsylvania gathered in the library of the Waldorf School of Baltimore. Some were well seasoned, even professional lyre players; others touched the lyre for the first time at this workshop. Friday evening was mostly attended by those who had no experience with the lyre. We learned how to produce a beautiful sound and did some playful exercises. We also had to describe the lyre as if we were telling a blind person what the lyre looks like as an instrument.

On Saturday morning, we had a brief review and then carried on with some new exercises. These consisted in trying as a group to put into keywords an event in the

world that we were upset about. We then had to describe in keywords what positive we wanted to come out of the negative. After spending some time with this, the group then played the lyre (simultaneously!) by improvisation, trying to transform the negative feelings into positive ones, each at their own pace. This exercise was repeated and it was interesting to see how some of the negative seemed to have been transformed as some participants experienced less of a desire to delve into the negative the second time the exercise was carried out.

The event ended with a beautiful lyre concert by the Aurora Lyre Quartet (with Kerry Lee filling in for Samantha Embrey). A small audience, including some children, even had the opportunity to participate in the concert as they were handed Bordun lyres to stream along with an Irish tune!

—Els Woutersen

Poetry, Music, and Creativity at the Fellowship Community in Spring Valley, NY

Poetry and Music have always been good companions, and on Saturday, April 14, this rapport was experienced yet again. With the organizational help of Fellowship Community member Gwen Eisenmann, Diane Ingraham Barnes provided vocal and lyre music interspersed with poetry created by Community members in the weekly Poetry Class and read in the Goethe Room. The audience turnout for the event was very good, the poetry was excellent, the music (which included Easter

music, Hebridean songs, and "Songs of the Trees" by Colin Tanser) was fitting, and the appreciation was great.

It was very moving to take part in this event and to hear the very fine contributions of many members with so many years of life experience behind them and so much more still to create and give to the world. How wonderful it is that such places exist where people can still be active, take part in various classes, and be creative.

—Diane Ingraham Barnes

Resources

Instruments and Accessories

Solartone Forks & Flutes

Tuning forks tuned to the twelve fifth tones scale can be purchased through Solartone, c/o Kerry Lee, 518 Arch Street, Spring City, PA 19475; 610-948-5026; musiklee@verizon.net. You can purchase a set of 7 forks tuned diatonically or a set of 13 forks tuned chromatically.* In addition, the following can be purchased individually: A 432 Hz, G₂ 362.04 Hz, C 256 Hz, and C 128 Hz (the tuning fork that can be used for therapeutic purposes).

Kunath flutes and recorders available include the Sun flute pentatonic, Sun flute diatonic,* Star recorder diatonic, Alto recorder, Tenor recorder,* Bass recorder*

Contact Kerry with questions or orders.

**These items need to be specially ordered and will take a little longer to arrive.*

Used Lyres for Sale

Choroi soprano, large model, 1994, very fine condition. \$1100. John Carlson, 518-329-2222.

Choroi soprano, small model, built 1980s in Holland. \$750. Nicole Furnee, 518-672-4944.

Choroi large soprano lyre. \$1000. Juliane Weeks, 603-878-5031, juleweeks@surfglobal.net.

Gärtner alto, Jubilee edition, 1986, excellent condition. \$1900. Wanda Ries, 518-672-7648.

Rose Lyre, early 1990s. \$800. Marcia Becker, 518-325-5204.

Beautiful golden **Gärtner alto lyre**, 1992, in perfect concert condition. \$3000, negotiable. Nancy Mellon, 603-654-2982; nancymellon@tellink.net.

Gärtner soprano, 1926, owned by Janet McGavin, excellent condition. \$1000. Maria Belva, 603-924-2055, mbelva@verizon.net

Klangharfe (see article in Lyre Newsletter Vol. 47). Paid \$1000. Offers considered. Patricia von Petner, 916-989-6010, pvonpetner@comcast.net.

New Lyres for Sale

Currently, most new lyres must be purchased directly from the builders, although we are exploring the possibility of having a US representative for some of the builders. Contact Sheila Johns (301-681-6546/sjohns123@earthlink.net) with questions. Choroi lyres may be purchased through Mercurius (see www.mercurius-usa.com).

Lyres for Rent

The Lyre Association has Choroi and Gärtner lyres available for rent. These include small and regular size sopranos, solos, and an alto. Monthly rent is \$25-35, depending upon the size of the lyre. Contact Samantha Embrey, 434-295-9571/sembrey@verizon.net.

LANA Board Members

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information@beaverrun.org

Lyre Instruction

<i>Region</i>	<i>Area</i>	<i>Teacher</i>	<i>Phone</i>	<i>Email</i>
West Coast	Sebastopol, CA	Robin Elliott	707-829-2409	songlyre1@aol.com
	Fair Oaks/Sacramento	Andrea Pronto	530-637-5970	jpronto@hotmail.com
	Portland, OR	Marion Van Namen	503-956-4046	marion_van_namen@hotmail.com
Midwest	Detroit/Ann Arbor, MI	Barbara Patterson	248-543-2032	barbarajpat@earthlink.net
		Nancy Carpenter	313-886-4863	necarpenter@hotmail.com
		Mary Lynn Channer	734-856-5380	bdchanner@hotmail.com
	East Troy, WI	Mary Schunemann	262-642-5921	mary@naturallyyoucansing.com
Northeast	Central Maine	Jean Anderberg	207-293-2673	jeananderberg@yahoo.com
	Temple, NH	Juliane Weeks	603-878-5031	juleweeks@surfglobal.net
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	Chestnut Ridge/Spring Valley, NY	Christiane Landowne	845-425-8589	
Laura Langford-Schnur		845-469-2227	langfordschnur@frontiernet.net	
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Miscellanea

We'd love to hear from you!!

For the **Fall 2007 issue of the Lyre Notes**, send news, announcements, and reports on events in your area to Sheila Johns (1603 Tilton Dr, Silver Spring, MD 20902 / 301-681-6546 / sjohns123@earthlink.net) **by September 15.**

For the **Fall 2007 issue of Soundings: A Lyre Review**, submit articles or music to Catherine Read (1112 General St. Claire Rd, Washington Crossing, PA 18977; 215-369-8749; ceread@rci.rutgers.edu) **by September 1.**

Letters to the editor are welcome for both publications!

Visit our website: www.lyreamerica.net for the latest information about activities of the Lyre Association. (We really do hope to get this updated very soon!)

Back issues of the Lyre Newsletter are available for \$5.00 each. Contact Samantha Embrey, 434-295-9571, sembrey@verizon.net.

Music available for sale: A list is available on our website. Contact Samantha Embrey to order.

The Spring 2007 Lyre Notes were edited by Samantha Embrey and Sheila Johns.

***If you want to be removed from our mailing list for these Lyre Notes and other announcements
or
if you would prefer to receive the Lyre Notes as an e-mail attachment,
please notify Samantha Embrey (sembrey@verizon.net).***

Upcoming Events

May 11-13 - Towards Genuine Tuning, Spring Valley, NY (see Winter Lyre Notes)

May 27 - Whitsun Concert, Camphill Soltane, PA (see page 2)

July 17-21 - Lyre Conference, Ann Arbor, MI (see page 1 & enclosed flyer)

September 14-16 - Youth Lyre Workshop, Kimberton, PA (see page 2)

Summer 2009 - International Lyre Conference in Sweden (stay tuned!!)

Lyre Association of North America
c/o Embrey, PO Box 7745
Charlottesville, VA 22906-7745
USA

Lyre Association Membership Form

Name _____ Date _____
Address _____ City _____ State/Zip _____
Phone _____ Fax _____ Email _____
____ Regular membership, \$35
____ Supporting membership, \$50
____ Additional contribution: ⇨ ⇨ _____ Financial aid
____ Total enclosed _____ Lyre builders' fund
____ Whatever is needed

***Please make check payable to "LANA" and send with form to
LANA, c/o Embrey, PO Box 7745, Charlottesville, VA 22906-7745.***

Members receive a subscription to Soundings: The Lyre Review (containing substantive articles and a music supplement) and a discount of at least 10% on fees for all conferences and workshops sponsored by LANA. Membership runs for one year from the time dues are received or one year from the expiration of current membership, whichever is a later expiration date.